

Usain Bolt

Think about the Christian values and Bible stories that you have learnt about in school. Pause the video clip at the given times and ask yourself the questions.

Here is a link to the video: <https://youtu.be/AdGQ43smLoc>

|  | <h2>Comprehension Questions</h2> |
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| 9s | What was Usain Bolt's world record time? What question does the narrator ask and why? |
| 20s | What does the narrator say that 9.58 seconds feel like? What does this mean? |
| 29s | What else does he say it feels like? What does this mean? Who are the people in the clip and why are they so excited? |
| 37s | What physical and mental qualities do you think Bolt has? What Christian values do you think he displays? |
| 42s | Why do you think Bolt puts himself through so much pain? Can you think of a Bible character who endures pain? |
| 48s | What else does Bolt say it feels like? Look at the image on the screen, what do you think this is all about? What is it comparing Usain Bolt to? |
| 58s | When growing up, what did Usain Bolt never lose? What do you think this means? |
| 1m 8s | What type of person do you think Bolt is? What does it mean by ' <i>pure joy</i> '? |
| 1m 14s | What do you think the narrator is about to say? " <i>It feels like being a real life...</i> "? |
| <p>THINKING!</p>  | <p>In the Bible Jesus says: 'I have come that you may have life, and have it to the full' (John 10:10)</p> <p>From the evidence in the video, how does Usain Bolt live life to the full? Do you think that you live life to the full or is there more that you could do?</p> |
| <p>WRITING!</p>  | <p>Imagine that you have just broken a new world record for living your life to the full. You have been caught by a TV reporter who wants to interview you. Their first question is, 'How do you feel?' Answer this question in 5 sentences.</p> |

