



## Evening Prayer

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen

### **Opening sentences**

My soul waits for the Lord  
more than those  
who watch for the morning,  
more than those  
who watch for the morning.

I have cried to You.

*Response:* O Lord, hear my voice.

*Call:* With my whole heart I want to praise You.

*Response:* O Lord, hear my voice.

*Call:* If you, Lord, should mark iniquities:

*Response:* Who could stand? who could stand?

I will wait for the Lord, my soul waits,  
and in His word do I hope.

### **Expressions of faith**

Lord, You have always given  
bread for the coming day;  
and though I am poor,  
today I believe.

Lord, You have always given  
strength for the coming day;  
and though I am weak,  
today I believe.

Lord, You have always given  
peace for the coming day;  
and though of anxious heart,  
today I believe.

Lord, You have always kept  
me safe in trials;  
and now, tried as I am,  
today I believe.

Lord, You have always marked  
the road for the coming day;  
and though it may be hidden,  
today I believe.

Lord, You have always lightened  
this darkness of mine;  
and though the night is here,  
today I believe.

Lord, You have always spoken  
when time was ripe;  
and though you be silent now,  
today I believe.

### **Today's Scripture Reading**

**Psalm 63:1–2,7** O God, you are my God, I seek you, my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water. So I have looked upon you in the sanctuary, beholding your power and glory. for you have been my help, and in the shadow of your wings I sing for joy.

**Proverbs 1:7** The fear of the LORD is the beginning of knowledge; fools despise wisdom and instruction.

**Mark 13:33–37** Beware, keep alert; for you do not know when the time will come. It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, or else he may find you asleep when he comes suddenly. And what I say to you I say to all: Keep awake.’

### **Today’s Meditation**

If you must be heard, let it be like the babbling brook,  
laughing over the rocks.

If you must be seen, let it be like sunlight  
giving warmth and comfort to all.

If you must be acknowledged, let it be as the eyes  
behold the skies in all their glory.

If you must lead, let it be like the wind and all its unshackled direction.

If you must learn, let it be like breathing,  
the natural flow of in and out,  
and done without thinking.

If you must teach, let it be like the water,  
deep and flowing,  
for your words are like pebbles in a pond,  
the ripples they cause spread out in all directions,  
and what you give out eventually returns.

If you must know, let it be flowing and growing.

And above all, if you must:  
shine!

### **Prayers for others**

#### **Canticle**

In the shadow of Your wings  
I will sing Your praises, O Lord.

The Lord is my light, my salvation;  
whom shall I fear?

The Lord is the refuge of my life;  
of whom shall I be afraid?

In the shadow of Your wings  
I will sing Your praises, O Lord.  
One thing I ask of the Lord,  
one thing I seek;  
to dwell in the presence of my God,  
to gaze on Your holy place.

In the shadow of Your wings  
I will sing Your praises, O Lord.

I believe I shall see the goodness  
of the Lord in the land of the living.  
O wait for the Lord!  
Have courage and wait,  
wait for the Lord.

In the shadow of Your wings  
I will sing Your praises, O Lord.

### **Blessing**

See that ye be at peace among yourselves, my children,  
and love one another.

Follow the example of the wise and good  
and God will comfort you and help you,  
both in this world  
and in the world which is to come.

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen